



ANPH WELCOMES NEW MEMBERS

The *Association of Narrative Practice in Healthcare (ANPH)* is a professional organisation dedicated to promoting narrative ideas and skills and exploring their usefulness in professional conversations.

We are a community of practice committed to interprofessional learning across a range of contexts including health care, social care and education.



Meetings take place in London four times a year. Workshops explore a wide range of topics and are facilitated by outside speakers as well as ANPH members.

Recent sessions have included *Innovation and Creativity in Narrative Practice, Using Graphic Medicine for Reflective Practice, Shame and Vulnerability, Stories, Meaning and Identity, Improvisation Skills for Health Care Educators* and *Rites of Passage and Significant Conversations*.

Most sessions include time for skills practice in small groups.

ANPH also offers information on its website to support those learning more about this area such as:

- Learning opportunities related to narrative-based clinical practice, supervision, training and management including the narrative-based approach to interactional skills *Conversations Inviting Change* (see overleaf)
- Books and articles about narrative ideas and skills and their application
- Accredited trainers, supervisors and team consultants who use narrative-based approaches.

TO LEARN MORE

- Visit the ANPH website: <https://www.anph.org/>
- Contact us for more information: anph.enquiries@gmail.com
- Come to one of our meetings! ANPH welcomes anyone interested in learning more about narrative ideas and in applying narrative skills within professional conversations.
- Read about *Conversations Inviting Change* on the other side of this flyer.

CONVERSATIONS INVITING CHANGE

Professionals all need sophisticated interactional skills. *Conversations Inviting Change* is a narrative-based approach to encounters in health and social care that can enrich all professional work.

CIC is based on the simple idea that everyone – whether as a patient, client, learner or colleague – benefits from telling stories about their experiences and being skilfully questioned about them.

CIC is unique in its very wide range of applications including:

- Person-centred consultations with individuals and families
- Supervision, coaching and mentoring
- Team development and facilitation
- Conflict resolution
- Training in reflective practice and professionalism
- Action learning sets and collaborative learning groups
- Leadership and management
- Creating a culture of respect.

CIC is effective in helping people to move on when they feel stuck and ideal for difficult or challenging encounters. It is especially effective when professionals need to balance attentiveness to the client's story with considerations of safety, quality of care, best evidence or statutory roles.

CIC is based on narrative studies, communication theory and systems thinking and has been taught for over twenty years in the United Kingdom and abroad. Organisations where courses have been delivered in recent years include:

- Health Education England, Professional Development Department
- Fondazione ISTUD Business School, Milan, Italy
- Imperial College Faculty of Medicine, London, UK
- Danish Society for Supervision and Communication Skills, Copenhagen, Denmark
- Swedish Association for Narrative Medicine, Gothenburg, Sweden
- UCL Medical School Postgraduate Medical Education Faculty, London, UK

TO LEARN MORE ABOUT CIC:

Go to <http://www.conversationsinvitingchange.com> to explore resources and teaching materials and to obtain information about CIC courses or contact johnlauner@aol.com.

Visit <http://www.johnlauner.com/> to read about *Narrative-Based Practice in Health and Social Care: Conversations Inviting Change*, published in 2018.

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